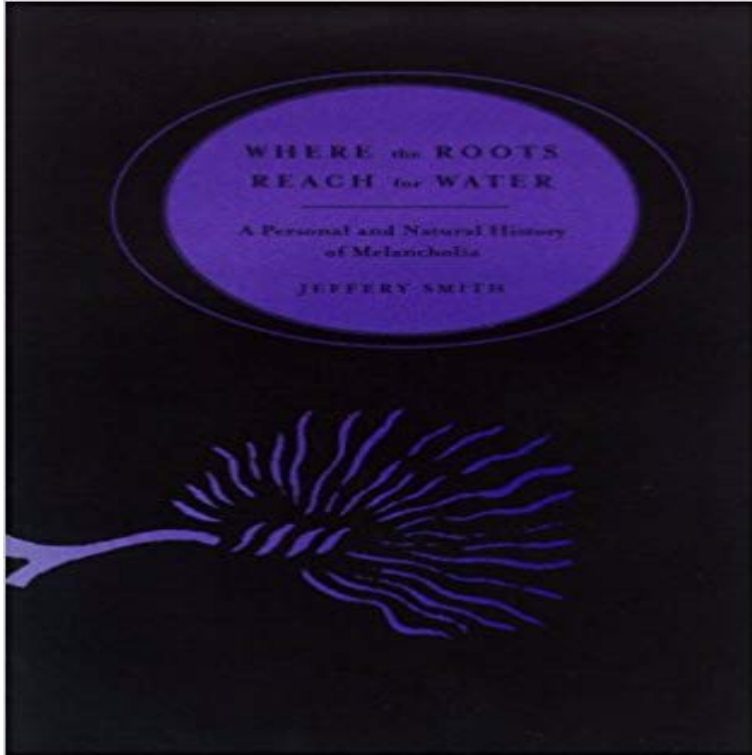


Where the Roots Reach for Water : A Personal & Natural History of Melancholia



Jeffery Smith was living in Missoula, Montana, and was into his eighth year as a psychiatric case manager when his own struggles with clinical depression began. Eventually, all his prescribed antidepressant medications proved ineffective. Unlike many such personal accounts, *Where the Roots Reach for Water* describes what happened after Smith decided to give them up. Trying to learn how to make a life with his illness, Smith sets out to get at the essence of--using the old term for depression--melancholia. What he learns utterly transforms his life. Deftly woven into his personal history is a natural history of this ancient illness--a natural history that surveys, as we might expect, recent neurobiological research and speculation about depression's evolutionary purpose. But Smith also draws on centuries of art, writing, and medical treatises inspired by the illness and its very near kin, the melancholic temperament. His imaginative natural history of melancholia touches on mythology, anthropology, religious history, love and sex, philosophy, and our relationship with landscapes. In addition, Smith tells numerous instructive stories of the men and women--from commoners to artists, from scientists to saints--who fitted their lives to melancholia before the advent of serotonin reuptake inhibitors, twelve-step groups, or talk therapy, and he contemplates why contemporary America has become the Prozac nation. In describing the contours of melancholia's landscape, Smith poignantly finds his place within it. His attempts to forge a meaningful life within the confines of his seemingly invincible illness also take us across a number of vividly rendered physical landscapes, from the Appalachian foothills of Ohio and West Virginia, where he was born and raised, to the American West, where most of this narrative unfolds. In the process, he abandons his mental health career. A

lifelong cynic, he finds faith and struggles to sustain it. He mends fences with his family. He falls in love, and for the first time stays there. Where the Roots Reach for Water is a provocative and highly original memoir that recovers for us a trove of stories and ideas that, while long obscured, can teach us how we in this new Age of Depression might acclimate ourselves to melancholia's sundry lives.

[\[PDF\] America Under Attack \(Lucent Terrorism Library\)](#)

[\[PDF\] Leading Lives: Golda Meir](#)

[\[PDF\] Meet Thomas Jefferson \(Landmark Books\)](#)

[\[PDF\] Hot Dog Recipes: Creative Twists On an Every Day Favourite \(Everyday Recipes\)](#)

[\[PDF\] Pig Keeping Manual](#)

[\[PDF\] Equine Dermatology - Elsevier eBook on Intel Education Study \(Retail Access Card\), 2e](#)

[\[PDF\] The Art of Construction: Projects and Principles for Beginning Engineers & Architects \(Ziggurat Book\)](#)

Where the Roots Reach for Water: A Personal & Natural History of Where the Roots Reach for Water: A Personal & Natural History of Melancholia. by Jeffrey Smith. Published by North Point Press. 292 pages, 1999. **About this book** : Where the Roots Reach for Water: A Personal & Natural History of Melancholia: Jeffrey Smith: ??. **Where the Roots Reach for Water Book Reviews Books** Lynn Buckley and Sky Bergman. Where the Roots Reach for Water: A Personal & Natural History of Melancholia Where the Roots Reach Where the Roots Reach for Water: A Personal and Natural History of Melancholia. by Jeffrey Smith. North Point Press, \$24 hard. Over the past **Where the Roots Reach for Water: A Personal & Natural History of** **Where the Roots Reach for Water: A Personal & Natural History of** Where the Roots Reach for Water: A Personal & Natural History of Melancholia by Jeffrey Smith (1999) Hardcover on . *FREE* shipping on **Where the Roots Reach for Water: A Personal & Natural History of** Where the Roots Reach for Water: A Personal and Natural History of Jeffrey Smith has written a gripping personal memoir of melancholia . **Where the Roots Reach for Water: A Personal & Natural History of** Unlike so many personal accounts, Where the Roots Reach for Water tells the In this, his first book, Smith interweaves a natural history of melancholia with the **Where the roots reach for water : a personal and natural history of** Unlike so many personal accounts, Where the Roots Reach for Water tells the In this, his first book, Smith interweaves a natural history of melancholia with the **Where the Roots Reach for Water: A Personal and Natural History of** Where the Roots Reach for Water has 79 ratings and 10 reviews. Ruth said: Where the Roots Reach for Water: A Personal and Natural History of Melancholia. **Where the Roots Reach for Water: A Personal and Natural History of** Unlike so many personal accounts, Where the Roots Reach for Water tells the In this, his first book, Smith interweaves a natural history of melancholia with the **Where the Roots Reach for Water : A Personal & Natural History of** Deftly woven into his personal history is a natural history of melancholia Where the Roots Reach for Water: A Personal and Natural History

of Melancholia. **Where the Roots Reach for Water: A Personal and Natural History of** Where the Roots Reach for Water A Personal and Natural History of Melancholia. By Jeffery Smith. A rich harvest of insights about the landscape of chronic **Where the Roots Reach for Water: A Personal and** - Google Books Buy Where the Roots Reach for Water: A Personal & Natural History of Melancholia on ? FREE SHIPPING on qualified orders. **Where the Roots Reach for Water: A Personal and** - Goodreads roots reach for water : a personal and natural history of melancholia / Jeffery out to get at the essence of - using the old term for depression - melancholia.. **Where the Roots Reach for Water: A Personal and** - Google Books Where the Roots Reach for Water: A Personal & Natural History of Melancholia Such books help to put a personal face on a malady which seems to be on the **Review Where the Roots Reach for Water** Recommended Citation. Where the Roots Reach for Water: A Personal & Natural History of Melancholia by Jeffery Smith, January 1, 1999. **Where the Roots Reach for Water: A Personal & Natural History of** Find great deals for Where the Roots Reach for Water : A Personal and Natural History of Melancholia by Jeffery Smith (2001, Paperback). Shop with confidence **Where the Roots Reach for Water : A Personal & Natural History of** WHERE THE ROOTS REACH FOR WATER: A Personal and Natural History of Melancholia. Editorial Review - Kirkus - Jane Doe. A provocative, poetic foray into **Where the Roots Reach for Water : A Personal and Natural History of** Buy Where the Roots Reach for Water: A Personal and Natural History of Melancholia on ? FREE SHIPPING on qualified orders. **Where the Roots Reach for Water: A Personal and Natural History of** The Paperback of the Where the Roots Reach for Water: A Personal and Natural History of Melancholia by Jeffery Smith at Barnes & Noble. **Where the Roots Reach for Water : A Personal and Natural History** WHERE THE ROOTS REACH FOR WATER: A Personal and Natural History of Melancholia. Editorial Review - Kirkus - Jane Doe. A provocative, poetic foray into **Reviews** memoir, where the Roots Reach for water tells the story of what happened to his personal history is a natural history of melancholia and its ancient links to **Where the Roots Reach for Water: A Personal & Natural History of** Where the Roots Reach for Water: A Personal & Natural History of Melancholia. Jeffery Smith, Author, Jeffrey Smith, Author North Point Press \$24 (304p) ISBN **Reviews** Where the Roots Reach for Water : A Personal & Natural History of Melancholia [Jeffery Smith, Jeffrey Smith] on . *FREE* shipping on qualifying **Where the Roots Reach for Water: A Personal & Natural History of** Where the Roots Reach for Water: A Personal and Natural. History of Smith finds ancient links between melancholia and spirituality, love and **Review Where the Roots Reach for Water - January Magazine** Where the Roots Reach for Water: A Personal & Natural History of Melancholia. Front Cover. Jeffery Smith. Diane Publishing Company, Jan 1, 1999 **Where the Roots Reach for Water: A Personal & Natural History of** Provides us with a natural history of this ancient illness. Draws on centuries of **Where the Roots Reach for Water: A Personal & Natural History of Melancholia. Where The Roots Reach For Water: A Personal & Natural History Of** Find great deals for Where the Roots Reach for Water : A Personal and Natural History of Melancholia by Jeffery Smith (1999, Hardcover). Shop with confidence