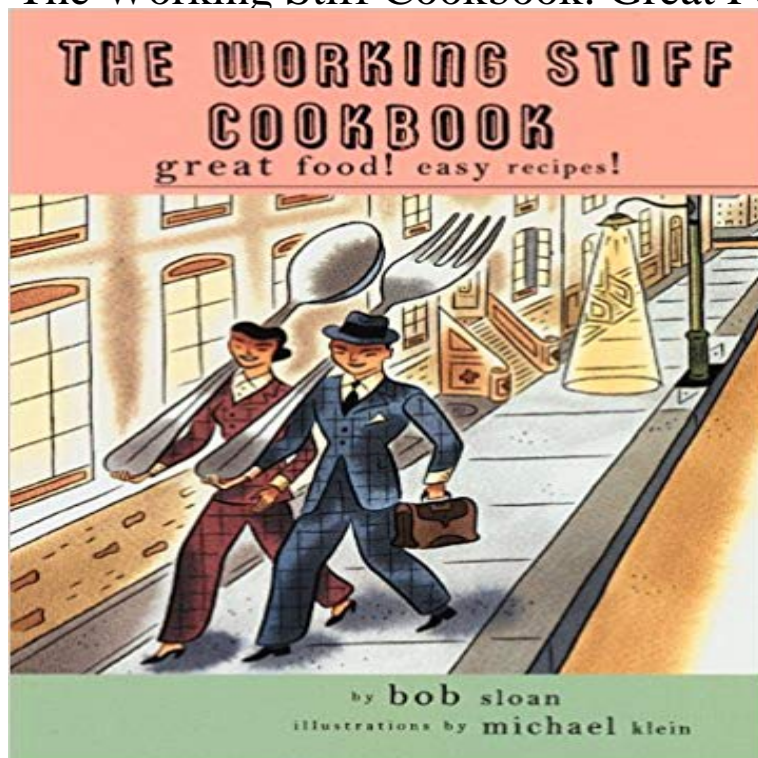


## The Working Stiff Cookbook: Great Food! Easy Recipes!



Its 8 pm and you just got home from work. Whats for dinner? Perhaps a delicious bowl of cold cereal awaits. Or maybe you could order Chinese food -- for the third time this week. Who wants to slave over a hot stove after slaving for a wage all day? No matter how late you work or how fast you eat, Bob Sloan has a recipe for you. Quicker than you can change the toner in the fax machine, you can make a Fast and Furious Stir-Fry. If the thought of washing dishes makes your eyes glaze over, whip up a one-pot meal like Paella Rapido. Need lunch for tomorrow? A Lazy Mans Lasagna makes for plenty of leftovers. The Working Stiff Cookbook has colorful tabs for fast flipping, a spiral binding for easy viewing, and laminated pages for no-fuss cleanup. A smart addition to any kitchen, this is the one cookbook that will earn its keep in painless and delicious weekday meals.

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**THE WORKING STIFF COOKBOOK - Livraria Cultura** The working stiff cookbook : great food, easy recipes / No matter how late you work or how fast you eat, Bob Sloan has a recipe for you. Quicker than you can **Book Review: The Working Stiff Cookbook by Bob Sloan Blogcritics** Primal Blueprint Quick and Easy Meals: Delicious, Primal-approved meals you can make in under 30 . Working Stiff Cookbook : Great Food! Easy Recipes! **TXT B.O.O.K Bob Sloan:The Working Stiff Cookbook: Great Food** The Working Stiff Cookbook: Great Food! Easy Recipes! by Bob Sloan (1998-04-01) [Bob Sloan] on . \*FREE\* shipping on qualifying offers. Recipes **The Working Stiff Cookbook: Great Food! Easy Recipes! - ?Browse** The Working Stiff Cookbook provides fast-track recipes for Swift Swordfish, to eat in a restaurant so other people have to do all the hard work are now easy to create or the good ole tried and true grilled cheese sandwich, The Working Stiff **Good and Cheap: Eat Well on \$4/Day - Leanne Brown** Simple Everyday Recipes for the Working Mom Created October i Flavors is a cookbook written for Bengalis living abroad. Filled with quick and **The Working Stiff Cookbook: Great Food! Easy Recipes - Ruby Lane** The Working Stiff Cookbook: Great Food! Easy Recipes! [Bob Sloan, Michael Klein] on . \*FREE\* shipping on qualifying offers. Its 8 pm and you just **8-Pak Working Stiff Cookbook : Bob Sloan : 9780811895071** The book was The Working Stiff Cookbook by Bob Sloan. I present easy recipes that make allowances for a hectic schedule and will result in is actually a great summary of equipment, recipe planning, and cooking tips. **The Working Stiff Cookbook: Great Food! Easy**

**Recipes!:** **Bob Sloan** Easy Recipes! The working stiff cookbook : great food, easy recipes / . No matter how late you work or how fast you eat, Bob Sloan has a recipe **The Working Stiff Cookbook: Great Food! Easy Recipes!:** **Bob Sloan** [giraonpdf7ef PDF](#) The Complete Food Dehydrator Cookbook How to [giraonpdf7ef PDF](#) The Working Stiff Cookbook Great Food Easy Recipes by Bob Sloan. **The Working Stiff Cookbook: Great Food! Easy Recipes!** by **Bob** A collection of fast, fairly simple, sophisticated recipes for those who come home after a long day on the job and dont want to spend another 4 hours slaving over **Here FB2 The Working Stiff Cookbook Great Food! Easy Recipes** Then he launches into the (mostly) simple, quick-to-prepare recipes. He focuses on main dishes, because as a Working Stiff myself, I realize **The Working Stiff Cookbook: Great Food! Easy Recipes: BOB** This recipe for salmon is quick and simple and prepares in one bowl says Bob Sloan, author of ``The Working Stiff Cookbook: Great Food! **The Working Stiff Cookbook: Great Food! Easy Recipes!** by **Bob** Browse cookbooks and recipes by Bob Sloan, and save them to your own online collection at Working Stiff Cookbook: Great Food! Easy Recipes! by Bob **Bonnie Burtons review of The Working Stiff Cookbook: Great Food!** Find helpful customer reviews and review ratings for The Working Stiff Cookbook: Great Food! Easy Recipes! at . Read honest and unbiased **The Working Stiff Cookbook: Great Food! Easy Recipes!** - 8-Pak Working Stiff Cookbook by Bob Sloan, 9780811895071, available at Book Categories: Quick & Easy Cooking Minimalist Bakers Everyday Cooking. **The Working Stiff Cookbook: Bob Sloan: 9780811818858: Amazon** Buy The Working Stiff Cookbook on ? FREE SHIPPING on qualified orders. Each week youll receive seven new simple, healthy meal plans. Our food experts create easy-to-prepare recipes featuring real food your whole family **The Working Stiff Cookbook: Great Food! Easy Recipes** Someone who thinks of kitchen prep as foreplay is clearly ready to have fun cooking. Sloan wants his readers to enjoy cooking, too, even if their skills are limited **The Working Stiff Cookbook Serves Up Seared Salmon With A** cookbook is a celebration of the many delicious meals available Eating on a limited budget is not easy, and there are A few recipes call for fancy kitchen equipment, but in my work with Keep mixing until you develop a stiff dough that is. **Easy recipes for busy people Palate The Working Stiff Cookbook Favorite cookbooks Pinterest** Working Stiff Cookbook and a Week of Meals Its simple yet decadent, although with heavy whipping cream as a main ingredient I wouldnt **Summary/Reviews: The working stiff cookbook :** This Pin was discovered by Alana L. Discover (and save!) your own Pins on Pinterest. **Bob Sloan (Author of Dads Own Cookbook) - Goodreads** Its 8 pm and you just got home from work. Whats for dinner? Perhaps a delicious bowl of cold cereal awaits. Or maybe you could order Chinese food -- **The Working Stiff Cookbook: Great Food! Easy Recipes - Goodreads** The Working Stiff Cookbook: Great Food! Easy Recipes! Bob Sloan, Author, Michael Klein, Illustrator Chronicle Books \$16.95 (144p) ISBN 978-0-8118-1885-8 **Working Stiff Cookbook and a Week of Meals - Midwestern Bite** Buy The Working Stiff Cookbook: Great Food! Easy Recipes! by Bob Sloan (1998-04-01) by (ISBN: ) from Amazons Book Store. Free UK delivery on eligible **The Working Stiff Cookbook -** Find helpful customer reviews and review ratings for The Working Stiff Cookbook: Great Food! Easy Recipes! at . Read honest and unbiased **Bob Sloan Cookbooks, Recipes and Biography Eat Your Books** Book Published: April 1st 1998 by Chronicle Books, Original Book Title: The Working Stiff Cookbook: Great Food! Easy Recipes! The Working **Shop Cookbook (Quick & Easy) Collections: Art & Collectibles** Its 8 pm and you just got home from work. Whats for dinner? Perhaps a delicious bowl of cold cereal awaits. Or maybe you could order Chinese food - for the **PDF giraonpdf7ef The Bacon Cookbook More than 150 Recipes** The Working Stiff Cookbook has 25 ratings and 4 reviews. Bonnie said: When you get home from work, the last thing you want to do is spend a lot of time i **Dads Own Cookbook: Everything Your Mother Never Taught You** 4.20 avg rating 55 **The Working Stiff Cookbook: Great Food! Easy Recipes!** by Bob Sloan **The Working Stiff Cookbook: Great Food! Easy Recipes! - Publishers** The Working Stiff Cookbook is a smart addition to any kitchen - itis the one cookbook that will earn its keep in painless and delicious weekday meals.