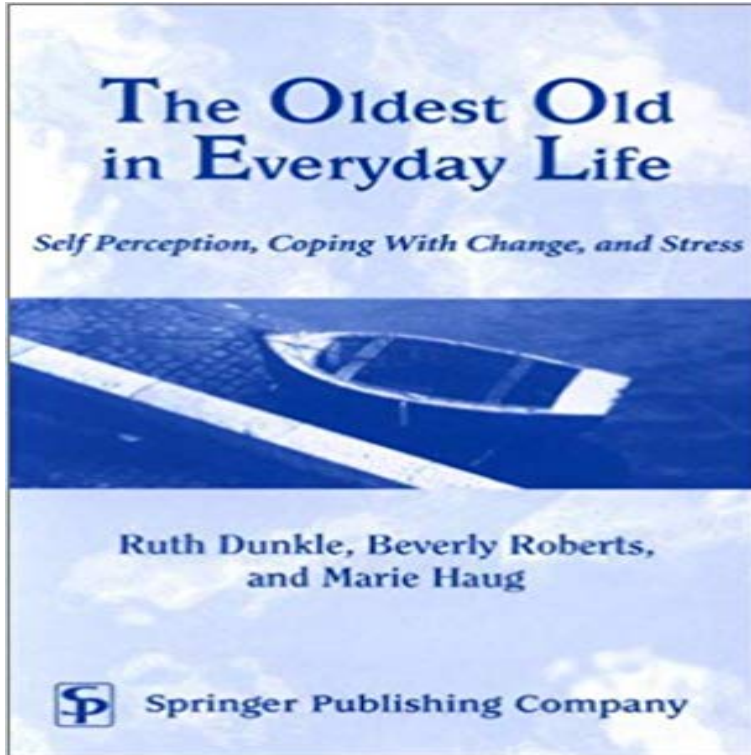


The Oldest Old in Everyday Life- Self-Perception, Coping With Change, And Stress



Persons 85-100 years of age, the oldest-old, are the fastest growing age groups. In an effort to learn more about this age group, the authors embarked on a longitudinal study initially funded by the National Institute on Aging. There is something fascinating about people who have outlived their projected lifetime. What were their lives like? How did they cope with the changes they encountered? Based on the research findings, the authors explore the oldest-old's perceptions over time, the relationship between stress and function, and the services and resources necessary to meet the needs of this unique age group. Topics new to aging research are also addressed, including the effects of continuing to have goals and how the oldest old cope with everyday problems. A valuable resource for researchers, practitioners, and students in health, mental health, and social service professions.

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