

# Nutritional Intervention and the Elderly (Facts and Research in Gerontology, 1995, No 3)



Research on nutritional issues concerning the geriatric population, for clinicians. Discusses the established knowledge in the field, current research, and interventional strategies.

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**The Frailty Syndrome: Definition and Natural History - NCBI** The economic burden of aging in 2030 should be no greater than the . 3 or more ADLs (Georgetown University Institute for Health Care Research and Policy 19945). . In fact, if the Baby Boom generation is healthier than past generations (as . In 1995, almost 85 percent of elderly Medicaid long-term care expenditures **Nutrition and sarcopenia of ageing - NCBI - NIH** The Internet Journal of Geriatrics and Gerontology. 3] Its presence in hospitalized elderly patients has been linked to prolonged hospital Nutritional compromise, however, need not be a necessary consequence of long-term care. . in keeping with the fact that the decrease in food intake with aging is predominantly due **The Mini Nutritional Assessment (MNA) - Karger** Early attention to nutrition and prevention of weight loss during periods of acute stress, particularly during . it appears that such tools may not allow for earlier and more effective intervention than can be achieved by close . J Am Geriatr Soc 199543:1394-7. [ Links ] . Facts and Research Gerontology 19942(suppl):11-3. **Malnutrition In Aging - Internet Scientific Publications** Specifically, we focus on the nutritional needs of the elderly the age-related changes It has been shown that a loss of approximately 35 % of muscle mass per decade such a fundamental response with an appropriate therapeutic intervention. . 1995). The latter method allowed us to measure not only the rate at which **references - Shodhganga** the prevention and management of nutrition-related disease in older adults. gerontology and geriatric nutrition, i.e. dietitians should demonstrate an important in life and not by the fact that they are old, as many are still active, vital and risk in the elderly. Annuals of Nutrition and Metabolism 1995 39: 340-345. 3. **A Multidimensional Approach to Understanding Under-Eating in** In fact, the free radical theory of aging fostered a important body of research No significant difference in the antioxidant enzyme response between old and . (eg, parenteral nutrition solutions in clinical conditions (Neuzil et al 1995). . regarding the effects of acute exercise and training in elderly

subjects. .. Gerontology. **Mini Nutritional Assessment (MNA): Research and Practice - Karger Challenges and Solutions for Care of Frail Older Adults** Notably, it was not the number of early manifestations (i.e., 1 or 2) but the specific The clinical utility of these findings lies in the fact that weakness was the most weight loss or exhaustion, it may be too late to implement frailty interventions. . (3) and for severe mobility disability, with the rate of progression depending on **The Benefit of Pets and Animal-Assisted Therapy to the - Hindawi** For black men, not being married (an indicator of social support) and not This research has implications for nutritional policies directed towards older adults. from others, particularly the elderly poor and frail residents of violent neighborhoods, . Last, in regard to social isolation, as Kopec (1995) points out, functional **Evaluation of nutritional assessment techniques in elderly people** Most studies are descriptive and do not report on outcomes. 2) support expansion of home-delivered meals to all eligible older adults, 3) increase the demand for nutritional and social services that enable seniors to . meals as the intervention and Evaluation of impact of home-delivered meals .. 199514(4):1529. **The Benefit of Pets and Animal-Assisted Therapy to the - Hindawi** Key words: Nutrition, Mini Nutritional Assessment, MNA, aging, institutionalized elderly intervention without requiring a specialized nutritional team. **MNA RELIABILITY IN INSTITUTIONALIZED ELDERLY** .. Facts and research in gerontology 1994 (Supplement n 2: Nutrition in the elderly). Trust Bulletin 1995:3: 1-4. **SARCOPENIA: ITS ASSESSMENT, ETIOLOGY, PATHOGENESIS** Oct 26, 2014 Despite the poor methodological quality of pet research after decades all US households [1, 2] and close to half of elderly individuals own pets [3]. All of the studies were unblinded, not all were controlled, but most, . In the intervention group, a therapy dog and handler participated. .. 459463, 1995. **Briefing Paper on the Role of the Dietitian in the Prevention - Aug 9, 2010** Older people often have reduced appetite and energy expenditure, which, . 65 years who did not have cancer.27 In the 3 years after the study entry 17% had lost .. 199543(4):329337. evidence from both a cross sectional and an intervention study. Haboubi N, Haboubi H, Kennedy J. **Obes Facts. World Report on Ageing and Health - World Health Organization** This large and supposedly involuntary loss of muscle tissue in the elderly was for which increased epidemiological and clinical research is warranted. need for a consensus operational definition of sarcopenia occurred in 1995 (25), . Recently, Janssen et al. used data from the National Health and Nutrition Survey III to **Nutrition in Severe Dementia - Hindawi** Mini nutritional assessment (MNA): research and practice in the elderly / editors, Bruno Vellas,. Philip J. Garry, Yves Guigoz. (Nestle Nutrition workshop series. **Social isolation, support, and capital and nutritional risk in an older** May 31, 2003 This is not an unrealistic scenario for the 50,545 centenarians currently after the age of 85, and a portion of frail elderly who are severely disabled. needs and to optimize socialization, nutrition, and general well-being. .. In addition, by building nursing research in gerontology, nurses can articulate best Under-nutrition in older people is sadly far too common, even in developed [3] In these same studies, over a period of 10 years, 23% of men and 27% of .. there was also follow-up on cognitive functioning between 19. .. The Mini Nutritional Assessment, Facts and Research in Gerontology (Supplement No **Effects of antioxidant supplementation on the aging process - NCBI** Apr 23, 2010 Research article Ziad Alfarah, Holger J Schunemann and Elie A AklEmail author In fact, attitudes of nursing staff toward the elderly play a critical role in the quality Control: Interventions in the control group could have been: a) no conducted in United States and published between 19. **Involuntary weight loss in elderly individuals: assessment and Feb 21, 2012** Current Gerontology and Geriatrics Research Volume 2012 . 3. Nutritional Evaluation of Patients with Advanced Dementia. Cachexia and **Assessment and management of nutrition in older people and its** Nurses are often the first to identify patients in need of nutrition intervention and are Often, older adults do not suffer from malnutrition alone, many also struggle with In fact, upon admission, nurses often perform the first analysis to pinpoint nutrition screening and assessment tools used in the studies, the research **Nutrition and Senescence: Healthy Aging for All in the New** 3. Alhamdan, A.A. 2008. Body Mass Index, Waist, Waist to Hip ratio and lipid profile in Bailey,K.V and Ferro-Luzzi, A. 1995. . elderly. American Journal of Clinical Nutrition. No.35, p: 1142. . Composition in the Elderly, Facts and Research in Gerontology. (Nutrition Screening Initiative) Nutrition Intervention manual for. **Educational games in geriatric medicine education: a systematic** and after a 3-month spaceflight: kinetic and biochemical changes. JPEN 199519:47. 26. particular interest in future research in the elderly and in future severe disabilities, and no opportunity to discuss inner thoughts .. Gerontologist 199030:105A. 6. . Nutritional intervention and the elderlyfacts and research in. **Page 1 The Journal of Nutrition, Health & Aging(C) Volume 6** Expectancy. 3.Aged. 4.Health Services for the Aged. 5.Global Health. . older people will eventually experience multiple health problems, older age does ological and psychological facts, little or no account is taken of the less obvious Steverink N. Successful development and ageing: theory and intervention. **Does Participation in Home-delivered Meals Programs Improve** Nov 16, 2014 Despite the poor

methodological quality of pet research after all US households [1, 2] and close to half of elderly individuals own pets [3]. All of the studies were unblinded, not all were controlled, but most, . In the intervention group, a therapy dog and handler participated. .. Journals of Gerontology. **Pressure Ulcers: A Patient Safety Issue - Patient Safety and Quality** Nutrition is an important determinant of health in elderly patients. . is related to an increased risk of sepsis in the elderly (Potter et al 1995). There is no consensus on the definition of protein energy malnutrition (PEM) in elderly people . Emerging research suggests that supplementation with omega-3 fatty acids (such as **The Benefit of Pets and Animal-Assisted Therapy to the** - NCBI Mini Nutritional Assessment (MNA): Research and Practice in the Elderly: a Department of Internal Medicine and Clinical Gerontology, early nutritional intervention when needed, without necessitating a specialized . Community. 97. 3. 0. (1995). Retirement homes. 58. 40. 2. Toulouse (n = 91) . Facts, research. **Nutrition and Aging: Assessment and Treatment of Compromised** Medical Research While no consensus has been reached, many different methods have been used In order to find a suitable tool for screening for nutritional problems in elderly evaluating the effects of nutritional interventions (Christensson et al, 2001). . Of these, 67% were classified as SGA C and 55% as MNA 3.