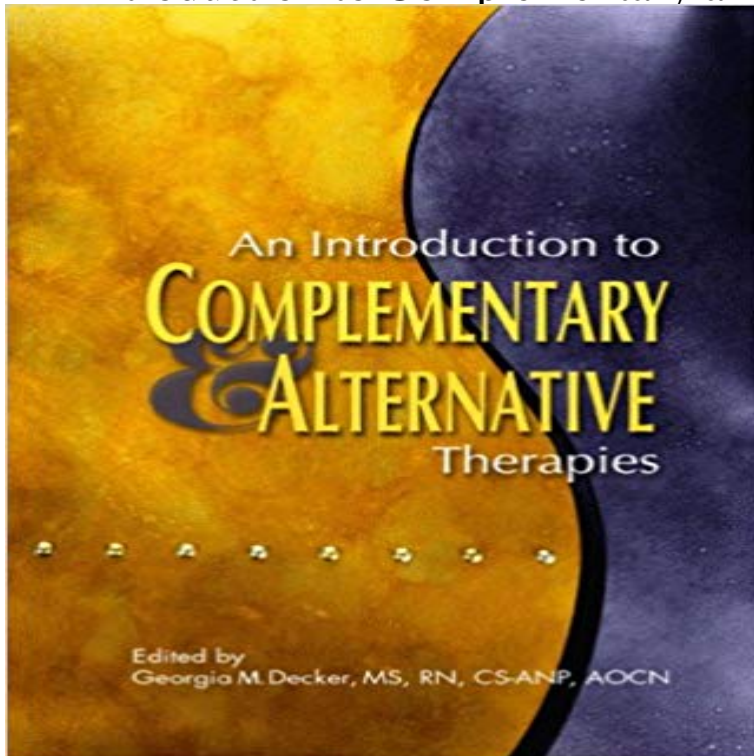


An Introduction to Complementary and Alternative Therapies



With this practical reference guide, readers will get concise descriptions of a variety of complementary and alternative therapies and their associated nursing considerations. Nurses will learn about herbal medicine, mind-body interventions, bioelectromagnetic therapies, manual healing, pharmacologic and biologic therapies, diet, nutrition, and lifestyle. The growing use of these nontraditional therapies makes this book a necessity for your nursing library.

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