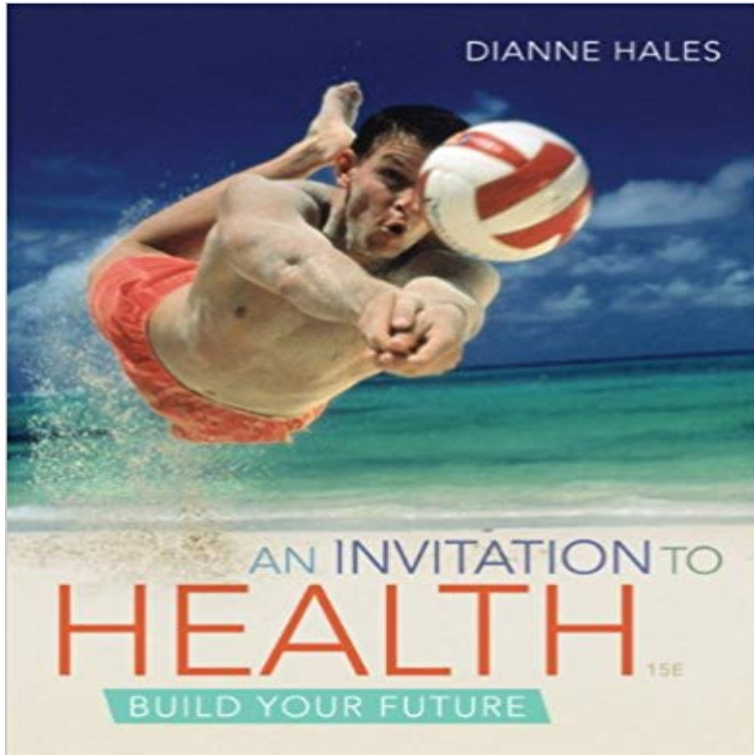


Student Course Guide for Journey to Health for Hales An Invitation to Health



To accompany the Journey to Health telecourse produced by DALLAS TeleLearning of the LeCroy Center for Educational Telecommunications. The JOURNEY TO HEALTH course explores health in its broadest sense. Students are encouraged to use critical thinking and problem solving skills to develop their own healthy lifestyle using the most current information in the health and wellness field. The telecourse components consist of 26 half-hour video programs, the Hales AN INVITATION TO HEALTH text, the student telecourse guide, a faculty manual, and text-specific teaching and learning tools, including testing.

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