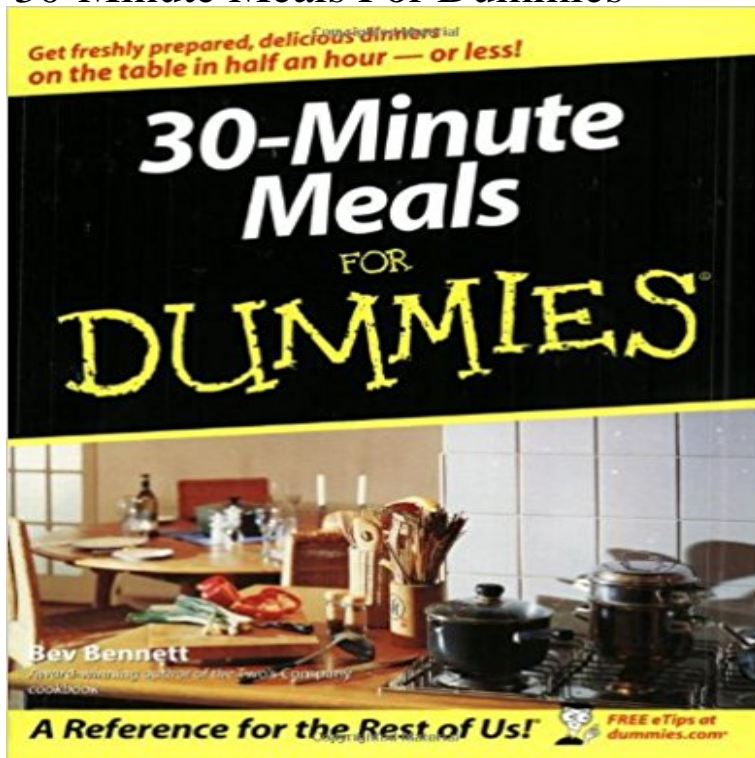


30-Minute Meals For Dummies



Walking into a kitchen that's filled with cooking aromas is a delightful and comforting experience. Yet, between work, chores, family obligations, and a badly needed opportunity to unwind, you find it difficult to get dinner on the table within the time limits that life imposes on you. But cooking a great tasting meal isn't nearly as time-consuming as it's made out to be, and you don't have to be a chef to pull it off. If you forgot how enjoyable a home-cooked meal can be, *30-Minute Meals For Dummies* is your best resource. If you can identify with any of these descriptions, this book is for you: Between your frantic day and the demands of your personal life, you're looking for ways to free up a few minutes. Cooking is one of the activities that gets shortchanged. Tired of spending your evenings in your car, you long for some semblance of dining-at-home pleasure, instead of inching around a parking lot, waiting for your chance to order dinner from a metal box. You're not looking to prepare a five-course meal. You want self-contained meals that please, satisfy, and get the job done with minimal hassle. *30-Minute Meals For Dummies* shows you how to make one-dish meals that include vegetables, starches, and the traditional meat. You'll transform soup and salad side dishes into hearty main courses and turn your skillet into a one-dish dinner utensil. You often get everything a meal has to offer in one dishwell, besides adding a scoop of ice cream to the top of your jambalaya for dessert. This book is structured around the equipment, ingredients, and recipe choices that fit your time frame. Each page is packed with my kitchen-tested suggestions for streamlining cooking. Even if you're an experienced cook, you can pick up useful hints. You get great recipes for classic meals, new dishes, and so much more in these chapters. You'll be pleased to know that you can fix nourishing and memorable

dinners within your time frame. So ladies and gentleman, start your ovens!

- **30-Minute Meals For Dummies - Bev Bennett - Livres** Aug 21, 2007 Book review of 30 Minutes Meals for Dummies, plus free sample 30 minute meals. **Summary/Reviews: 30-minute meals for dummies** / Dont fret if youre out of an ingredient when preparing a 30-minute meal, a handy substitution list can keep you going. And dont forget side dishes, especially **30-Minute Meals For Dummies - Google Books Result** Part of 30-Minute Meals For Dummies. Even the most organized cooks have found themselves searching the kitchen for an ingredient only to find theyve run out **30-Minute Meals For Dummies - Digital Downloads Collaboration** Part of 30-Minute Meals For Dummies. Mastering the following cooking skills can make your meal preparation time effortless and provide fast, delicious meals. **Timely Substitutions for 30-Minute Meals - dummies** Part of 30-Minute Meals For Dummies. Does your meal not feel complete without a side dish? Side dishes dont have to be difficult and time-consuming. **30-Minute Meals For Dummies -** Walking into a kitchen thats filled with cooking aromas is a delightful and comforting experience. Yet, between work, chores, family obligations, and a badly **30-Minute Meals For Dummies: Bev Bennett: 9780764525896** **30-Minute Meals For Dummies: Bev Bennett: Books** - Free 2-day shipping. Buy 30-Minute Meals for Dummies at . **30-Minute Meals for Dummies by Beverly Lynn Bennett - Goodreads** 30-Minute Meals For Dummies [Bev Bennett] on . *FREE* shipping on qualifying offers. Walking into a kitchen thats filled with cooking aromas is a **30-Minute Meals For Dummies by Beverly Lynn - Goodreads** 30-Minute Meals for Dummies has 8 ratings and 0 reviews. Walking into a kitchen thats filled with cooking aromas is a delightful and comforting experien **Emergency 30-Minute Meals - dummies** 30-Minute Meals for Dummies has 0 reviews: Published August 1st 2003 by For Dummies, 330 pages, Paperback. Editorial Reviews. From the Back Cover. Beat the clock with quick-cooking tips and do-ahead tricks. Whip up tasty meals in minutes the fun and easy way! **30-Minute Meals for Dummies - Meal Planning Magic** 30-Minute Meals for Dummies has 8 ratings and 0 reviews. Walking into a kitchen thats filled with cooking aromas is a delightful and comforting experien **How to Cook Student Meals in Under 10 Minutes - dummies** 30-minute Meals for Dummies. Title: 30-minute Meals for Dummies. Author: Bennett, Bev. World of Books Australia was founded in 2005. ISBN: 0764525891. **Quick and Easy - dummies** - Jan 20, 2010 I had to laugh when my daughter saw this book and said Mom! 30-Minute Meals for Dummies? Youre not a dummy! So I explained that the **:Customer Reviews: 30-Minute Meals For Dummies** 5-Minute Cooking Steps for 30-Minute Meals For those busy days as a student, meals that cook in under 10 minutes may be the Cooking time: 10 minutes. **30-Minute Meals For Dummies -** 30-Minute Meals For Dummies has 8 ratings and 0 reviews. Walking into a kitchen thats filled with

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