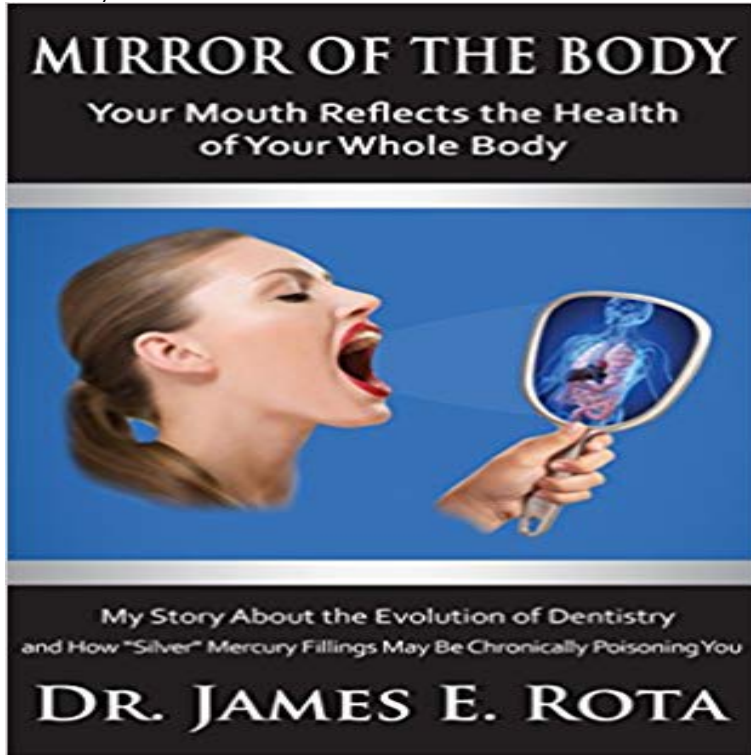


Mirror of the Body: Your Mouth Reflects the Health of Your Whole Body



Dr. James Rota is a pioneer in holistic dentistry. After 50 years in dentistry, he is sharing his uncommon story about biological dentistry, the dangers of mercury fillings, and what you can do to save yourself and to stop the madness of mercury in dentistry. Dr. Rota answers questions that the American Dental Association may not want you to ask: 1. Why don't dentists know or speak about mercury in the dental filling? 2. How are teeth connected to the rest of the body? 3. What is the scientific basis for the position of both the ADA and anti-mercury filling groups? 4. How are silver dental fillings related to chronic diseases? Mercury a highly toxic element has played a central theme in Dr. Rota's life, from his childhood and throughout his dental career. Silver fillings contain 50 percent mercury. It made him sick, causing Chronic Fatigue Syndrome, burnout, depression and Epstein-Barr Syndrome, among other diseases. As one of many people hoping to ban the use of mercury in dentistry, Dr. Rota stands by the importance of safe mercury removal protocols. *Mirror of the Body* chronicles his life, delving deep into the Amalgam Wars and scientific evidence, offering dentists, health professionals, and consumers an expert and revelatory view on the toxins in dentistry and their effect on the rest of the body. *Mirror of the Body* is an important book for people to become aware of the impact of dentistry on the rest of the body. Dr. Rota's knowledge and care went beyond giving celebrities a television smile. Over the past forty years, we have both explored health practices that have a positive impact on our wellbeing and longevity. Considering, I am celebrating my 90th birthday in good health, I would say we both did a great job! -- Dick Van Dyke It's wonderful that Dr. Rota is sharing his exceptional insight in the field of dentistry. His analysis that teeth are the mirror of the body, is right on target. What

happens with dentistry can impact your whole body. Im thankful that his treatment of my teeth for many years has benefited my overall health and wellness. --Raquel Welch Dr. Rota is the rare dentist who addresses the intimate connection between the teeth and the health of our body. Mercury from amalgam fillings is a toxic co-factor in many people who suffer from chronic diseases. Dental and medical detoxification is essential to restore health and wellbeing. It has been my privilege to work with Dr. Rota as part of an integrated dentist-physician team and watch a true master at his art. -- Hans Gruenn, MD - Detoxification & Longevity Expert Spurred by troubling professional questions and his personal health challenges, Dr. Rota became an early pioneer in the field of holistic dentistry. This book is a story of truth triumphing over suffering. -- Leo Cashman, Executive Director, DAMS - Dental Amalgam Mercury Solutions

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