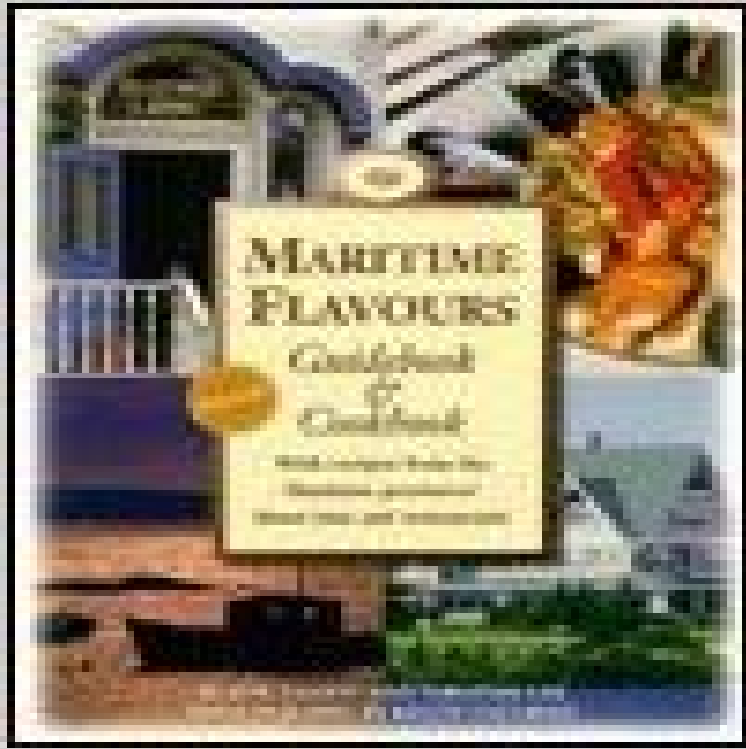


## Maritime Flavours: guidebook & cookbook



Elaine Elliot and Virginia Lee have combed Nova Scotia, New Brunswick and Prince Edward Island, searching out the best restaurants and inns, the finest chefs and the most irresistible recipes. The result is the ultimate cookbook and guidebook to the region, featuring the most delicious cuisine on Canada's east coast. In this sixth edition of *Maritime Flavours: Guidebook and Cookbook*, they share the results of their research: sumptuous and appealing recipes for a full gastronomic experience? Charbroiled Digby Scallops with Citrus Vinaigrette or Lobster Stuffed Mushroom Caps, Tomato Gin Soup or a simple, elegant Mussel Chowder with Thyme. Enjoy Roast Salmon with Red Wine, Bacon and Vegetable Mirepoix, or Pork Tenderloin with Peppercorn-Mustard Crust and Cider Gravy. Take pleasure in fresh local Strawberries with Citrus Riesling Sabayon. All of the recipes in *Maritime Flavours* have been carefully selected and home-tested. Many are accompanied by stunning color photographs of the prepared dishes, shot on location. Each inn or restaurant is accompanied by a full-color photograph and essential information on hours of operation and other important details. All featured locations are found on the book's handy map. Completely revised and updated, the sixth edition of *Maritime Flavours* is both a splendid cookbook and an unequalled guide to the culinary treasures of Canada's Maritime Provinces.

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