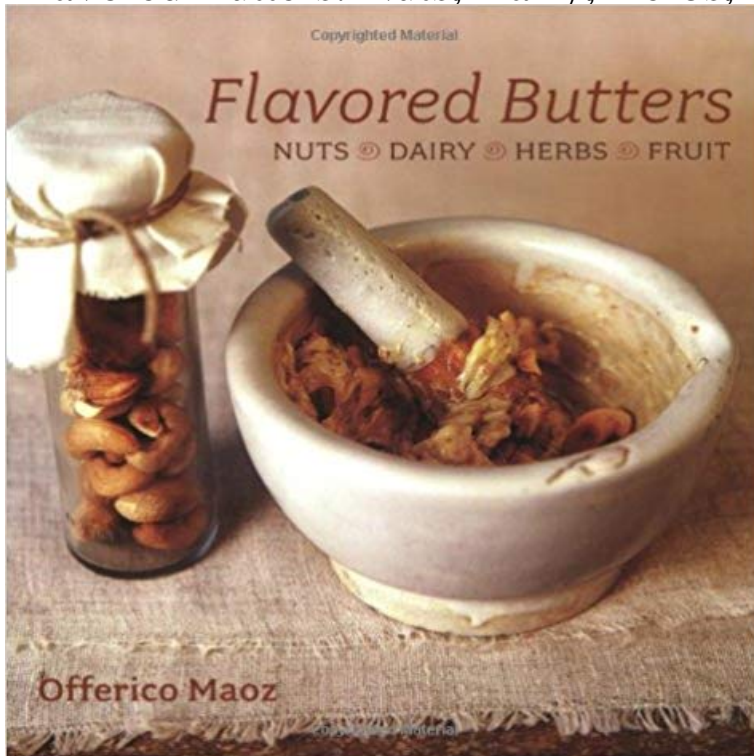


Flavored Butters: Nuts, Dairy, Herbs, Fruit



Once used in medicines and ointments, butter is now a luxurious component in all of our favorite foods and an essential ingredient in desserts, a base for creamy sauces, and a simple spread for breads and pastries. In *FLAVORED BUTTERS*, food writer Offerico Maoz explores the history and culinary possibilities of this age-old dairy product, presenting more than 65 mouth-watering recipes for flavored butters and sauces, including instructions for making butter by hand. Rebounding from a bad rep in the 1980s, butter is making a comeback as recent studies confirm its health virtues over trans-fatty substitutes like margarine, shortening, and cooking sprays. Complete with recipes for low-calorie and nondairy butters, *FLAVORED BUTTERS* provides a fresh repertoire of sumptuous spreads so you can indulge away in this delicious, no-longer-guilty pleasure. A full-color tribute to butter, with more than 65 recipes for homemade flavored butters and sauces. Features savory, spicy, and sweet buttery delights, such as Parmesan-Bacon Butter, Chipotle Pepper Butter Sauce, and Cinnamon-Honey Butter, along with low-calorie or nondairy alternatives like Avocado Butter. According to the Harvard School of Public Health, butter is healthier than synthetic fats like margarine, which contain trans fats and are known to increase cholesterol levels. Butter is low carb and can be a source of good fats, which are an important part of a healthy diet (when consumed in moderation).

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Flavored Butters : Nuts, Dairy, Herbs, Fruit by Offerico Maoz (2005) Here, herb butters like garlic butter and chive butter. Theres a seemingly endless variety: You can add herbs, spices, nuts, fruitseven chocolate and candy. **17 Best ideas about Compound Butter on Pinterest Butter, Steak** Livros Flavored Butters: Nuts, Dairy, Herbs, Fruit - Offerico Maoz (1580086942) no Buscape. Compare precos e economize ate 0% comprando agora! Detalhes **Homemade Flavored Butter Recipes. Sweet and Savory - Levana** Including Infant Formulas, Calf Milk Replacers, Soy Creamers, Soy Shakes, Soy Smoothies, 1974 on both plain and flavored products at Nagpur, and numerous testimonials by individuals to the value of the product. Bulk: Whole grains, beans, seeds and nuts, dried fruit, nut butters, etc. Infinity Herbal Products Ltd. (p. **Vegetarian Times - Google Books Result** Flavored butter, aka compound butter, is an amazing low-carb is butter mixed with herbs, spices, or other ingredients such as cheese, nuts or **Flavored Butters: Nuts, Dairy, Herbs, Fruit: Offerico** - Flavored butter recipes - herb butter recipes from Napa Style. Roasted Garlic . Compound Butter Recipe: herb butter, a tomato butter and a fruit-and-nut butter. **40 best ideas about Fruit & Herb Butters on Pinterest Butter spread** See more about Sunflower seeds, Homemade and Nut butter. Flavored butter recipes - herb butter recipes from Napa Style. Paleo Chocolate Hazelnut Butter Spread (vegan, gluten-free, dairy-free) Prune Breakfast Butter - I bet this would work w/ any dried fruit, I may try this w/ the addition of **How to Make Compound Butter (6 Recipes!) 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Milking the Soy Cow Theres an increasing proliferation of soy milk, nut milk, and the Sweet herbs or spices (such as cinnamon, saffras, nutmeg, wild ginger or regular So can a variety of natural flavor extracts. for example, intensify the flavors of ice creams that contain those fruits. **Images for Flavored Butters: Nuts, Dairy, Herbs, Fruit** Naturally flavored fruit & herb honey syrups to stir into hot and cold tea, water, .. on a plate or board & roll the butter in the nuts to coat), & Roasted Garlic Butter! **Flavours Kerry** One Calf Nut at a Time Pair meat, vegetables, fish and bread with butters mixed with herbs, spices, cheese or citrus zest. That is particularly important with sweet compound butters. 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