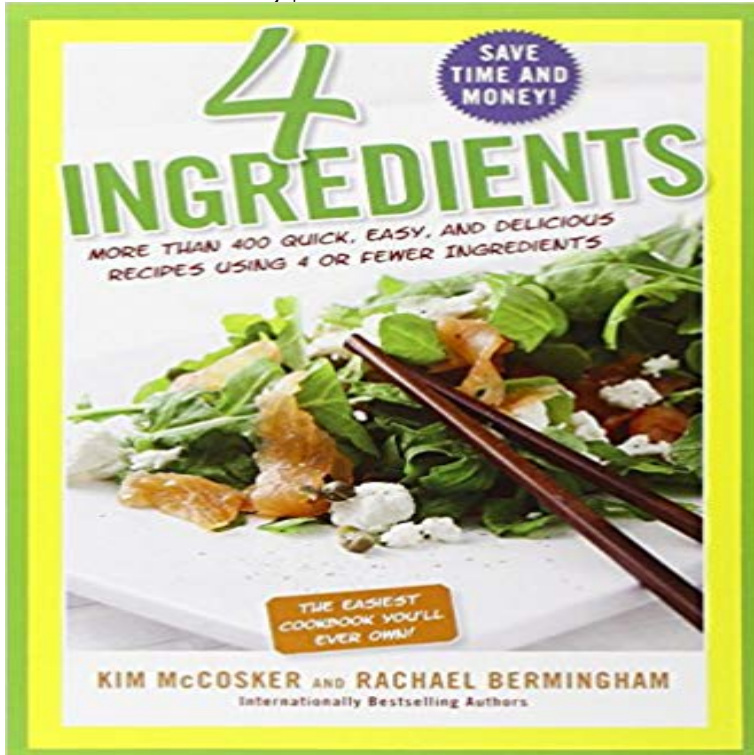


## 4 Ingredients: More Than 400 Quick, Easy, and Delicious Recipes Using 4 or Fewer Ingredients



Now in paperback! 4 Ingredients is the only cookbook you'll ever need! Imagine succulent Chicken, Butternut, and Chickpea Curry with brown rice, a light, palate-cleansing Orange and Almond Salad, and a decadent serving of warm Flourless Chocolate Cake. If this sounds like the menu for an elaborate dinner party that requires hard-to-find ingredients and endless hours in the kitchen, think again! Internationally bestselling authors Kim McCosker and Rachael Bermingham have created more than 400 quick, easy, and delicious recipes that require only four ingredients. Inside are fantastic dishes for breakfast, lunch, dinner, and entertaining, as well as meals specially designed for children, including lunch box menus. With 4 Ingredients, home chefs will learn how to: Make weeknight family dinners simple and special. Provide delicious, home-cooked meals and spend less money.

Cook with fewer utensils! 1 teaspoon, 1 tablespoon, and 1 measuring cup! Spend less time at the sink. Four ingredients for each dish means less cleanup! Find out what home chefs all over the world have already discovered. 4 Ingredients is perfect for the busy, budget-conscious cook.

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